



## 2009 Summary of Accomplishments

### **Real Talk for Youth**

- 165 youth completed or in the process of completing multi-session curriculums at several different partnership sites – Making Proud Choices, Wise Guys, Girls Circle and the Care and Keeping of You Summer Series.
  - ➔ Data analysis from sites where Making Proud Choices and Sex Can Wait were implemented resulted in the youth reported having sex less often, an increased motivation to not get pregnant or an STD/HIV, and an increased belief that one should always use protection (condom) if sexually active.
- 4 new partnership with the schools have been established to implement the Girls Circle Program (2 elementary and 2 middle schools)
  - ➔ Girls Circle was approved by the school system to implement in 5th grade and middle school. Girls Circle is a youth development program that is recognized as a promising approach in the Model Programs Guide by the office of Juvenile Justice.
  - ➔ Research ranging from 2004-2007 on the Girls Circle Model has shown significant Increases in self efficacy, body image, and social connection and in improved friendship selections and behavior, positive peer interactions and peer satisfaction and decreases in alcohol use and self-harming behaviors.
- Educated an additional 385 youth through individual educational sessions/events at schools and other youth serving organizations.
- 200 youth experienced the Real Care Infant Simulators.
  - ➔ Pre/Post results revealed that there was a significant increase in the number of parents that had meaningful conversations related to growing up and relationships with their child and there was a significant increase in the number of students reporting that the infant simulators were harder than they had anticipated.

### **Positive Outcomes**

- Between January 2009 and December 2009 524 youth were provided individual educational counseling.
  - ➔ 188 3-6 month follow ups were conducted and of those follow ups only 4 clients reported being pregnant. The # of follow up calls increased 19% (152 follow up calls in 2008).
- The Youth Waiting Room opened in May 2009. This room has given youth clients at the health department a comfortable and safe place to wait for their appointment and has served as an education room for DJJ clients.
- January 2009 to December 2009 – number of text clients has increased 78% going from 40 in 2008 to 190 in 2009. 70% of youth texting are between 14-17 years old.

### **Parent Power**

- Hosted Annual Mother Daughter Lunch for 85 participants.
- Educated 150 parents/caring adults through educational events at churches and other youth serving organizations.
- Co-Facilitated Stewards of Children child sexual abuse prevention workshop for 189 adults.
  - ➔ Data has shown that Stewards of Children has resulted in positive behavior changes at work through reviewing their organization's child protection policy and at home with a reported increase age appropriate conversations with their children and other child protective measures.
- Attended 13 community fairs/events and distributed resources to over 3,000 people in the community.